

**NEWLIFE INTERNATIONAL SCHOOL OF MIDWIFERY
CREDENTIAL AND CERTIFICATE PROGRAM**

BOOK LIST

REQUIRED TEXTBOOKS

Each student is required to purchase the following seven (7) textbooks and bring them to the school. (Note: these books are not available for purchase at the school site. *Updated versions may be available*)

- 1) Holistic Midwifery: Care During Pregnancy Vol. 1** (Paperback) by Anne Frye
Publisher; Labrys Pr; Reprint edition (Sept 2010)
- 2) Holistic Midwifery Vol. II; A Comprehensive Textbook for Midwives in Homebirth Practice; Care of the Mother and Baby From the Onset of Labor Through the Hours After Birth** (Hardcover) by Anne Frye, Publisher; Labrys Press, (2004)
- 3) Varney's Midwifery, (Hardcover)** Tekoa L. King, Mary C. Brucker, Jan M. Kriebs, Jenifer O. Fahey, Publisher; Jones & Bartlett Publishers, Inc.; 5th edition (October 21, 2013)
- 4) Olds' Maternal-Newborn Nursing & Women's Health Across the Lifespan (9th Edition) (Hardcover)** by Michele Davidson, Marcia L. London, Patricia W. Ladewig, Publisher: Prentice Hall; 9th edition (Aug 2012)
- 5) Oxorn Foote Human Labor and Birth 6th Edition**, by Glen Posner, Amada Black, Griffith Jones and Jessica Dy, Publisher; McGraw-Hill Publishing Company, 6th edition (March 2013)
- 6) Heart & Hands Fifth Edition: A Midwife's Guide to Pregnancy & Birth**, (Paperback) by Elizabeth Davis, Publisher; Ten Speed Press, (June 2012)
- 7) Assessment and Care of the Well Newborn** (Paperback) by Patti Thureen, Daniel Hall, Jane Deacon, and Jacinto Hernandez, Publisher; Saunders (May 11, 2004)

OPTIONAL TEXTBOOKS

Books which would be very helpful for you to own, we recommend purchasing them, but do not require you to own them prior to starting school. Perhaps sharing a purchase with a classmate may be a good option until you decide if you do want to purchase your own.

- 1) A Book For Midwives: Care For Pregnancy, Birth, And Women's Health** (Paperback) by Susan Klein, Suellen Miller, Fiona Thompson, Publisher; Hesperian Foundation (March 2004) Can be downloaded online from: [http://www.hesperian.org/
http://www.hesperian.org/publications_download.php](http://www.hesperian.org/http://www.hesperian.org/publications_download.php)
- 2) Myles' Textbook for Midwives** (Paperback) by Diane M. Fraser, Maggie A. Cooper, Publisher: Churchill Livingstone; 15th Revised edition (September 15, 2009)

3) Healing Passage: A Midwife's Guide to the Care and Repair of the Tissues Involved in Birth, 6th edition, 2010 (Spiral Bound) by Anne Frye, Publisher; Labrys Press (2010)

4) Understanding Diagnostic Tests in the Childbearing Year: A Holistic Approach (Paperback) by Anne Frye, Publisher: Labrys Press (2007), 7th edition

5) The Breastfeeding Answer Book (Spiral Bound) by La Leche League International, Publisher: La Leche League International (2003, updated 2012), 3rd edition

6) The New Well Pregnancy Book (Paperback) by Mike and Nancy Samuels, Publisher; Touchstone, (June 18, 1996)

REQUIRED READING

Each student is required to read 25 of the following books. These books are available for use in our school library and are not required to be purchased.

*(Note: we **recommend** that you read the first five (5) books prior to your arrival. Any others you are able to read in advance will also be helpful.)*

REQUIRED BOOKS (Required: All 11)

(1) Foreign to Familiar: A Guide to Understanding Hot - And Cold - Climate Cultures by Sarah A Lanier, McDougal Publishing Company; 1st edition (October 1, 2000)

(2) Preach and Heal, A Biblical Model for Missions by Charles Fielding, International Mission Board; First Edition edition (2008)

(3) Live Life on Purpose by Claude Hickman, WinePress Publishing; Reissue edition (November 18, 2011)

(4) When Helping Hurts: Alleviating Poverty Without Hurting the Poor... and Yourself by Brian Fikkert and Steve Corbett, Moody Publishers; New Edition edition (April 2012)

(5) Birth Reborn, by Michael Odent, Birth Works, Incorporated (September 1994)

(6) Ina May's Guide to Childbirth, by Ina May Gaskin, Bantam; 1 edition (March 4, 2003)

(7) Taking Charge of Your Fertility, 10th Anniversary Edition: The Definitive Guide to Natural Birth Control, Pregnancy Achievement, and Reproductive Health, by Toni Weschler, Harper Paperbacks; 10th edition (October 31, 2006)

(8) Birth Models That Work, by Robbie E. Davis-Floyd (Editor), Lesley Barclay (Editor), Jan Tritten (Editor), Betty-Anne Daviss (Editor) University of California Press; 1 edition (April 6, 2009)

(9) The Spirit Catches You and You Fall Down: A Hmong Child, Her American Doctors, and the Collision of Two Cultures, by Anne Fadiman Farrar (Author), Straus and Giroux; 1 edition (April 24, 2012)

(10) Bestfeeding: How to Breastfeed Your Baby, by Mary Renfrew, Chloe Fisher, Suzanne Arms, Celestial Arts (September 1, 2004)

(11) The Birth Partner, Third Edition: A Complete Guide to Childbirth for Dads,

Doulas, and All Other Labor Companions, by Penny Simkin Harvard Common Press; 3 edition (January 15, 2007)

HERBS (Required: 1)

(12) *(Choose at least 1 from the following list)*

- **Herbs for A Healthy Pregnancy** by Penelope Ody, McGraw-Hill; 1 edition (November 11, 1999)
- **Naturally Healthy Pregnancy**, by Shonda Parker, Multnomah Books; 3 edition (February 1, 2003)

GENERAL BIRTH (Required: 5)

(13-17) *(Choose at least 5 from the following list)*

- **Gentle Birth Choices**, by Barbara Harper, Suzanne Arms, Healing Arts Press (August 20, 2005)
- **The Thinking Woman's Guide to a Better Birth**, by Henci Goer, Perigee Books Publishing, 1999
- **Optimal Care in Childbirth: The Case for a Physiologic Approach**, by Henci Goer and Amy Romano, (Paperback), 2012
- **What Every Pregnant Woman Should Know**, by Gail Sforza BrewerTom Brewer, Penguin (Non-Classics); Rev Sub edition (December 3, 1985)
- **In the Womb: Witness the Journey from Conception to Birth through Astonishing 3D Images**, by Peter Tallack, and Heidi Murkoff, National Geographic; 1 edition (September 26, 2006)
- **Birthing From Within: An Extra-Ordinary Guide to Childbirth Preparation**, by Pam England, 1998, Partera Press
- **The Labor Progress Handbook: Early Interventions to Prevent and Treat Dystocia**, by Penny Simkin and Ruth Ancheta, 3rd Edition, April 2011, Blackwell Publishers
- **The New Midwifery, Science and Sensitivity in Practice**, 2nd edition by Lesley Ann Page and Rona McCandlish,(Dec, 2006)
- **Spiritual Midwifery**, by Ina May Gaskin Publisher: Book Publishing Company; 4th edition (April 2002)

BIRTH HISTORY, STORIES (Required: 3)

(18-20) *(Choose at least 3 from the following list)*

- **Mamatoto- A Celebration of Birth**, by Carroll Dunham and Body Shop Team (Paperback - May 1, 1993)
- **Baby Catcher: Chronicles of a Modern Midwife**, by Peggy Vincent, Scribner (April 1, 2003)
- **Into These Hands: Wisdom From Midwives**, by Geradine Simkins, Spirituality and Health Publisher (Paperback), 2011
- **Lady's Hands, Lion's Heart- A Midwife's Saga**, by Carol Leonard, Bad Beaver Publishing (June 25, 2008)
- **Call The Midwife: A Memoir of Birth, Joy, and Hard Times**, by Jennifer Worth, Penguin (Non-Classics) (August 2012)
- **Monique and the Mango Rains: Two Years with a Midwife in Mali**, by Kris Holloway; Consulting Editor John Bidwell (Author), Waveland Press (July 20, 2006)
- **The Hospital by the River: A Story of Hope**, by Catherine Hamlin and John Little; Monarch Books (April 15, 2005)

BIRTH POLITICS (Required: 1)

(21) *(Choose at least 1 from the following list)*

- **Birth Crisis**, by Sheila Kitzinger, Routledge; 1 edition (July 27, 2006)
- **Birth: The Surprising History of How We Are Born**, by Tina Cassidy, Grove Press (September 10, 2007)
- **Born in the USA: How a Broken Maternity System Must Be Fixed to Put Women and Children First**, by Marsden Wagner, University of California Press; 1 edition (May 21, 2008)

CROSS CULTURAL MISSIONS (4)

(22-25) (Choose at least 4 from the following list)

- **Bruchko**, by Bruce Olson Publisher: Charisma House (August 8, 2006)
- **Peace Child**, by Don Richardson, Publisher: Regal Books; 4th Edition (August 2005)
- **Eternity in Their Hearts**, by Don Richardson, Publisher: Regal Books; New Ed Edition (March 20, 2006)
- **Through Gates of Splendor** by Elisabeth Elliot, Publisher: Tyndale House Publishers; 25th Anniversary Edition (August 5, 2005)
- **Singing through the Night: Courageous Stories of Faith from Women in the Persecuted Church**, by Anneke Comanjen Publisher: Revell (April 1, 2007)
- **Gods Smuggler**, by Brother Andrew, John Sherrill, Elizabeth Sherrill, Hodder & Stoughton Religious; 2nd edition (November 21, 2002)
- **A Chance to Die: The Life and Legacy of Amy Carmichael**, by Elisabeth Elliot, Publisher: Revell (May 1, 2005)
- **When Invisible Children Sing**, by Chi Cheng Huang and Irwin Tang, SaltRiver (September 6, 2006)
- **From Jerusalem to Irian Jaya: A Biographical History of Christian Missions**, by Ruth A. Tucker, Zondervan; 2 edition (September 1, 2004)
- **I Dared to Call Him Father: The Miraculous Story of a Muslim Woman's Encounter with God**, by Richard H. Schneider, Bilquis Sheikh, Chosen; 25 Anv edition (April 1, 2003)
- **In the Presence of My Enemies**, by Gracia Burnham, Tyndale; (January 2010)

NARM WRITTEN EXAM REFERENCE LIST

The following list is taken from the NARM web page. These are the books listed as their primary references for the exam. You may want to familiarize yourself with them for test taking purposes. Some, but not all, of these books are available in our library.

<http://narm.org/wp-content/uploads/2012/06/CIB0612.pdf>

- Coad, Jane, *Anatomy & Physiology for Midwives*, Churchill Livingstone, 3rd edition, 2011
- Davis, Elizabeth. *Heart and Hands: A Midwife's Guide to Pregnancy and Birth*, 5th edition, Ten Speed Press, 2012
- Foster, Illysa & Lasser, Jon, *Professional Ethics in Midwifery Practice*, Jones and Bartlett, 2010
- Frye, Anne. *Holistic Midwifery: A Comprehensive Textbook for Midwives and Home Birth Practice, Vol. 1, Care During Pregnancy*, Labrys Press, revised 2010.
- Frye, Anne. *Holistic Midwifery: A Comprehensive Textbook for Midwives and Home Birth Practice, Vol.II, Care During Labor and Birth*, Labrys Press, 2004.
- Frye, Anne. *Healing Passage*, 6th edition. Labrys Press, 2010
- Frye, Anne. *Understanding Diagnostic Tests in the Childbearing Year*, 7th edition, Labrys Press, 2007.
- Gaskin, Ina May. *Spiritual Midwifery*, 4th edition, The Book Publishing Company, 2002.
- Goer, Henci, and Romano, Amy. *Optimal Care in Childbirth*, Classic Day Publishing, 2012

- Gruenberg, Bonnie, *Birth Emergency Skills Training*, Birth Guru Publications, 2009
- Hall, Jennifer, *Midwifery Mind and Spirit*, Elsevier, 2001
- La Leche League, International. *The Breastfeeding Answer Book*. Mohrbacker and Stock, 2003.
- Myles, Margaret. Frasier/Cooper *Textbook for Midwives*, Elsevier , 15th edition 2011
- Oxorn and Foote. *Human Labor and Birth*, 6th edition. McGraw Hill, 2013.
- Page, Lesley Ann, *The New Midwifery*, 2nd edition, Churchill Livingstone, 2006
- Pritchard and McDonald. *William's Obstetrics*, 23rd edition. Prentiss Hall, 2009
- Renfrew, Fisher, Arms. *Bestfeeding: Getting Breastfeeding Right*. Celestial Arts, 3rd edition, 2004
- Simpkin & Ancheta, *Labor Progress Handbook*, 3rd edition, Blackwell, 2011
- Sinclair, Constance, *A Midwife's Handbook*, Saunders, 2004
- Thureen, *Assessment & Care of the Well Newborn*, 2nd edition Saunders, 2004
- Varney, Helen, *Midwifery*, Jones and Bartlett., 4th edition 2004
- Weaver, Pam & Evans, Sharon, *Practical Skills Guide for Midwives*, Morningstar Publishing, 4th edition, 2007
- Wickham, Sarah, *Midwifery, Best Practice*, Vol 3, Elsevier, 2009
- American Academy of Pediatrics, *Neonatal Resuscitation Textbook*, 6th edition, 2011